

**SOUTH
TYNESIDE
CAREER
START
SCHEME
2003**



**Something new
and exciting is
happening on
South Tyneside**

Want to find out more?

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**A Great
Opportunity for
General
Practitioners**

*A new initiative
for 2003*

2 to 3 Year Scheme

*Protected Personal
Development Time*

No Out Of Hours

*Named Mentor in
High Achieving
Practices*

*Competitive Salary
comparable with other
local Schemes*

*Weekly Peer Support
Group*

PCT held contracts

A New Start for 2003



In August 2003 South Tyneside PCT is appointing its first Career Start Doctors to work in practices across the area. The Career Start Scheme will give Vocationally Trained GPs the opportunity to development and expand their knowledge and skills whilst working in progressive, supportive practices under the guidance of a named mentor.

Our Scheme will be for two years with the possibility of a third year to complete ongoing projects.

Year 1

During year 1 the Career Start doctor will choose a selected mentor practice. The named mentor will ensure practice's give support and encouragement to the Career Start Doctor whose clinical commitment will be up to 8 sessions per week. There will also be a weekly **Peer Support Group** facilitated by the scheme organiser. This leaves a half day for personal time – a well earned break!



Year 2

Year 2 will follow a similar format with the Career Start Doctor choosing another selected mentor practice and attending the Peer Support Group whilst also benefiting from protected **Personal Development** time. It is proposed that 25% of year 2 will be protected for personal development time to be taken either periodically or as a block sabbatical. We will provide funding for all suitable courses and attachments. We hope that this time can be used to pursue areas of special interest which can be developed into local services in year 3.

No Out Of Hours

All this and more.....
an added bonus is no
Out of Hours as all our practices
use the deputising services.

**Too Good to be true...
but it is !**

For further information E-mail Dr David Julien on : David.Julien@gp-a88013.nhs.uk